Holiday Workplace Safety

Introduction:

At the end of the year, there is an increase in the occurrence of workplace injuries. People are preoccupied with year-end deadlines, work commitments, and holiday planning. During this time, several employees elect to take vacation time, leaving staff short-handed and others having to compensate by working extra hours. It is important to plan enough time to complete tasks, eliminate as many distractions as possible, avoid working excessive overtime and avoid stressful situations.

Discussion Points:

- Conduct weekly or daily meetings and ensure employees are up to date on all training.
- Focus on tasks at work and avoid stressful situations.
- Be aware of fire safety hazards.
- Decorate safely and avoid taking unnecessary risk that would result in injury.
- Practice healthy eating and sleeping habits, and exercise on a regular basis.

Discussion:

This is a good time of year to make sure all safety equipment is working properly by checking all fire extinguishers and smoke alarms.

Follow safety tips, and enjoy the holiday festivities and events without injury to employees or damage to property. Never climb or stand on furniture when decorating. Avoid overloading electrical outlets, be sure all electrical devices are nationally certified, use flameless lights, and avoid blocking walkways and doorways.

Have a safe and happy holiday season!

As always, stay safe out there!